

# “Strickly for Fun” Pre-Trip Information

## 1. Purpose.

The purpose of this document is to help you understand what to expect while traveling on the Strickland Motor Yacht, “Strickly for Fun”.

Reading this manual is very important.

- It will help you determine if the trip is right for you!
- It will let you know what to expect the trip to be like.
- Give you important safety information.

This manual will describe:

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A general understanding of the trip, equipment, and responsibilities will make the trip more enjoyable for everyone.

## 2. What to expect on the trip.

Passage aboard the “Strickly for Fun” is intended to be a different, interesting and exciting trip.

Each boating trip is different. We have trips where we docked in a city most of the time, some where we cruise among desert islands. Not to mention a few ocean crossings and even some trips where we expect rough seas. While this document covers everything including an ocean crossing. Unless you are crossing an ocean with us, this manual covers issues that will not apply to your trip, but you will probably find it interesting to read anyway!

When you read or hear about people crossing the ocean you normally hear about the limited electricity, limited fresh water, lack of hot water, refrigeration, air conditioning, and long periods without communication with land. “Strickly for Fun” has lots of electricity, refrigeration, freezers (2), a water maker, hot water, 24 hour communication with land, email at sea, etc.

The trip is a learning experience for the entire crew. You will learn not only what it is like to cross an ocean, visit desert islands, but also how to operate an ocean going vessel. You will be involved with actually operating the vessel. Your involvement will enhance the enjoyment of your experience and will insure that you will not become bored!

We do not operate the vessel like a Navy ship, but to have a safe passage, each crew member must know what's going on, and what they are required to do. Each person will have tasks to perform on board. In addition to learning how to operate the vessel you will learn emergency procedures.

Everyone will have to stand watch – typically two watches of three hours each per day.

Standing watch is basically:

- Looking out for other vessels, watching the radar.
- Monitoring the autopilot, and engine gauges.
- Listening to the radio, keeping the ships logbook.

These are not hard tasks, and you will be taught you how to perform each one. We will talk more about watch standing later in this manual, and in its own manual.

In addition to standing watch there is meal cooking and cleanup. Your help would be appreciated in these areas.

We should be in contact with land at all times via SSB radio and Satellite phone.

Let us know what you want to eat, snack on and what you like to drink. However, for safety reasons, drinking alcohol is limited.

### 3. Our Route.

Leg	From	To	Mile	Days	Leave	Arrive
1	Friday Harbor	San Francisco	784	5	1-Feb	6-Feb
2	San Francisco	Dana Point	384	3	7-Feb	10-Feb
3	Dana Point	Acapulco	1473	10	17-Feb	27-Feb
4	Acapulco	Balboa	1445	10	5 Mar	15 Mar
5	Balboa	Colon	100	5	22-Mar	27-Mar
6	Colon	Naples	1180	7	28 Mar	Apr 5
7	Naples	Ft Lauderdale	300	3	May 6	May 10
8	Ft Lauderdale	Bermuda	650	5	May 17	May 22
9	Bermuda	Azores	1800	12	May 29	June 10
10	Azores	Gibraltar	1100	6	June 19	Jun 26

#### **How long the trip will take:**

You need to allow a few additional days in case we need to delay our departure due to weather, or have to divert around weather. Generally, we may need to add 3 or 4 days for a voyage.

#### **Money:**

You are our guests; you are not expected to pay for the fuel, moorage, etc.

Foreign ports can be expensive so bring cash, or traveler's cheques.

A minimum of \$500 per week per couple in port is suggested.

Make sure your credit cards are no going to expire when away.

#### **Weather Notes:**

Weather planning for a trip is acquired from a "Pilot Atlas".

For a trans-Atlantic passage in June the probability of winds > 39 mph is < 0.5%.

The wind is predicted to be out of the North at 17 mph.

Current is predicted to be out of the north at ½ mph. (The current will cost us -0.2 mph)

## 4. Safety Concerns.

All crewmembers should be in good health.

### **Your biggest safety risk is falling overboard.**

Your safety will be greatly enhanced if you follow a few simple rules:

- Always hold on to something on the boat.
- Always let the person on watch know you are going on deck.
- Always go on deck with someone else.
- Always wear your radio where you go on deck.
- Always wear your vessel shoes when on deck.
- Always wear your life vest, and light when working on deck, or on deck at night.
- Do not go on deck in bumpy seas.

### **It is easy to fall on a moving vessel.**

- Any time you are standing or walking hold on to the boat with one hand.

### **Another risk is getting burned while cooking on a moving vessel.**

- Whenever the stove, or oven is on always wear the waterproof apron.
- Whenever taking anything out of the oven use oven mittens.

### **Biggest risk to the vessel is collision – Avoidance is the key!**

- This is the primary duty of the person on watch to prevent.
- We have 4 great binoculars & 1 pair of night vision goggles.
- We have 2 radars.

### **Taking on water, springing a leak-this is extremely rare.**

- We would most likely take water on from a hose leaking. All hoses have a thru hull with a valve. In case of a leak these valves allows the water to be turned off. If a hose leaks we just turn off the thru hull.
- The vessel has multiple bilge pumps.
- We have a collision mat, hole repair kit etc, spare lumber etc.

### **Worst Case-Abandon Ship**

- The vessel is equipped with a 6 man Life raft and all appropriate survival gear.
- I plan to call for help on the satellite phone before we get on the raft!
- We have 2 (g)EPIRB's. These devices broadcast our location to rescue satellites.
- We also have a hand-operated water-maker which allows us to make fresh water.

The areas we are traveling have substantial commercial traffic, so help is never far away.

## 5. Food.

We will provide you with a proposed menu for the voyage. In addition we will provide a questionnaire about the meals.

Please, feel free to comment on the menu. The trip will be more enjoyable for everyone if we all like the meals.

### The questionnaire:

1. List all allergies, especially food. \_\_\_\_\_  
\_\_\_\_\_
2. Foods you dislike: \_\_\_\_\_
3. Foods you like: \_\_\_\_\_  
\_\_\_\_\_
4. Favorite dinner is: \_\_\_\_\_
5. Favorite lunch: \_\_\_\_\_
6. Favorite Breakfast: \_\_\_\_\_
7. Favorite soft drink (canned water, diet caffeine free coke): \_\_\_\_\_
8. How many cans a day do you drink: \_\_\_\_\_
9. Favorite cold drink made from powder (e.g. iced tea, lemonade): \_\_\_\_\_
10. Favorite hot drink (e.g. coffee, hot chocolate, spice tea): \_\_\_\_\_
11. Favorite snacks: \_\_\_\_\_
12. Special meals you want to make: \_\_\_\_\_  
\_\_\_\_\_

## 6. Weather.

### **Concern:**

It is not the wind that bothers us; it is the waves. More importantly it is how steep the waves are. The height and steepness of the waves are a function of wind and current. It is big steep waves that cause the boat to pitch and roll, making the trip less comfortable.

The commonly quoted odds for dangerous weather are 1 day in 300 days at sea.

While the vessel can handle extreme seas, they are uncomfortable for the crew. So we try to avoid the weather or change course to take the seas at a better angle. Waves from the side produce the rolling motion that people find uncomfortable. We have stabilizers to help control rolling.

### **How big waves get.**

According to “*Oceanography and Seamanship*” published by Cornell Maritime Press:

- A gale (42 mph winds) blowing for 5 hours would produce 12-foot waves. If we stay in the storm for 3 days (a really long time to be in a storm--we would leave the area long before that) we could get 25-foot waves.
- It is not recommend be into seas that are bigger then your vessel; our vessel is 47 feet long. This would take 81 mph winds 10 hours, or 58 mph winds 3 days to create waves that big.

The problem is the vessel rolling over:

- This occurs when a really big wave hits you broadside. This should not happen if you keep the front of the boat pointed into the waves.
- If the doors and windows are closed, our vessel will self-right. However, everything (especially the inside of the refrigerator) is now a mess!

### **How we handle storms.**

We will not depart expecting to find a storm.

When enroute there is storm forecast for our route we turn to avoid them.

If we get near one we try to leave the area where they will be.

Only if we could not escape would we go in one.

We make sure that everything is held in place.

We shut all windows and doors, and install the storm windows.

We precook food, but usually do not eat much.

### **How we avoid storms:**

We plan the trip to take place in good weather.

Purchase professional weather forecasting and trip routing.

We have a weather fax receiver.

Get weather reports via radio.

We can detect weather on the radar.

## 7. Sea Communications.

We should always have at least two different ways to contact someone on land, the coast guard, and other ships.

### Coastal communications (within 10 miles of shore)

#### Cellular Phone: (phone also works in Canada and Europe)

Cellular phone communications when cruising in the US or Canada.

Phone Number: 239-498-2376, country code 1.

#### email address: [os007@skyfile.com](mailto:os007@skyfile.com)

This runs about 10 times slower than a dial-up modem. Please do not  
Send any attachments.

### Offshore communications (works anywhere in the world)

#### Voice Satellite communications:

Phone number: 8816-3155-6507

Cost per minute about 2 dollars check with **YOUR** long distant carrier..

#### SSB EMAIL

[wb5096@sailmail.com](mailto:wb5096@sailmail.com)

Very slow, the speed is 24 times SLOWER than speed of a dialup modem. Please  
limit emails to about 50 lines of 80 characters. I am limited to about 500 lines a  
day for emails.

#### Satellite Email communications:

[scotts@skymate.com](mailto:scotts@skymate.com)

## CONTACT COAST GUARD AND OTHER BOATS

**VHF:** When we are within about 15 miles of other ships we can contact them via the  
Very High Frequency radio. We also use the VHF to contact the coast guard when we  
are about 25 miles from land.

**SSB:** works worldwide depending on the solar weather.

**EPIRB:** This emergency device broadcasts your exact GPS location to US and Russian  
satellites, which forward this to the appropriate rescue services. We carry two of these.

**SATELLITE PHONE:** Contacts the coast guard from anywhere.

## 8. Harbor Communications.

### Mail:

First class works best.

Envelopes- tell people to use distinctive color/shape—ask me for some.

(Make sure who ever picks up the mail knows what is distinctive about it.)

Address to:

Write hold for pickup, number envelopes.

Place an attention name on the bottom of the envelope.

Forward mail to yacht club, not general delivery.

When onboard use pressure sensitive stamps, lick ones are destroyed by humidity.

### Part & Overnight deliver services

Ask other boaters about what they have done.

Overnight delivery takes twice as long as promised.

Check on what is necessary when shipping to get item returned duty free.

Have them include 3 copies of cruising permit. (Fax them a copy).

One with waybill, one outside and one inside.

Write on cartoon “CRUISING PERMIT INCLUDED” with arrows to it.

Include invoice listing values.

Use private customs broker if needed.

On all paperwork state:

For Foreign Marine Vessel in Transit.

State “Replaces defective item previously returned”.

Track all waybill numbers, both International and Local on same package!

### E-Mail:

You can retrieve your email from Cyber Café’s and Vessel clubs.

Ask your ISP how to do this. Some let you use a www interface, others will give you the POP server name, POP user name, POP password.

Or forward you email to Yahoo mail, or Hot Mail

We get only email for our vessel (ask for our current email address this changes).

### Cellular Phone:

Your cellular phone may work, check with your carrier.

You may need to have it turned on for the area we are cruising.

Our cellular phone communications may be active.

We do this when doing extended cruising in one area.

Phone number: 239-498-2376

Cost per minute 1-2 dollars a minute.

### VHF:

While works from harbor we do not normally have it on.

We can use our handheld radios as walkie-talkies.

## 9. Work Effort.

The trip will require the efforts of everyone. Working is part of the shared adventure. We do not want any one person to do too much work and become fatigued, and keeping busy prevents boredom and helps with seasickness.

You can expect to stand watch twice a day for a total of 6 hours a day.

You can expect to spend 1-2 hours a day in cooking and cleaning duties.

This leaves plenty of time for conversations, reading, watching a movie, reflection etc.

A typical daily schedule might be:

Time	Captain	Admiral	First Guest	Chief Guest
Midnight	Watch	Sleep	Sleep	Sleep
1	Watch	Sleep	Sleep	Sleep
2	Watch	Sleep	Sleep	Sleep
3	Sleep	Watch	Sleep	Sleep
4	Sleep	Watch	Sleep	Sleep
5	Sleep	Watch	Sleep	Sleep
6	Sleep	Sleep	Watch	Sleep
7	Sleep	<b>Clean Deck</b>	Watch	Sleep
8 <b>Breakfast</b>	Sleep		Watch	<b>Cooking/Dishes</b>
9	Sleep		<b>Clean Cabin</b>	Watch
10	Sleep			Watch
11	<b>Maintenance</b>			Watch
Noon	Watch		<b>Cooking/Dishes</b>	
1 <b>Lunch</b>	Watch			
2	Watch			
3		Watch		
4		Watch		
5		Watch		<b>Cook Prep</b>
6		<b>Cooking</b>	Watch	
7 <b>Dinner</b>	<b>Dishes</b>	Dinner	Watch	
8		Sleep	Watch	
9		Sleep		Watch
10		Sleep	Sleep	Watch
11	<b>Maintenance</b>	Sleep	Sleep	Watch

## **10. Watch Standing.**

This will take about six hours a day. You can talk or read while on watch.

Duties:

- Prevent collision
- Make sure autopilot is working
- Monitor all alarms
- Monitor gauges
- Check engine room
- Update log
- Monitor Radio

### **Cooking:**

Cooking will be a shared task. We have all the modern conveniences

Stove (Gas)

Oven (Electric)

Microwave oven

Refrigerator

Freezer

Blender

Toaster

Coffee maker

### **Captain:**

- Checking the weather forecasts and adjusting the route.
- Helps person on watch.
- Checks in with watch standers.
- Checks engine.
- Primary maintenance person.

## **11. Entertainment.**

You will be surprised at how fast time will pass on our voyage, and how quickly you will settle into the routine of life at sea. When you are not on watch you will probably spend your time reading, chatting or sleeping.

### **READING:**

You should bring a few books along to read. We have 100 of our favorite best sellers on board. Ask for a current list. We also have quite a few books on boating, weather, celestial navigation etc.

### **TV:**

The vessel has TV reception but it does not work very far from the US. The vessel has a portable DVD player, a built in DVD player and library of over 100 DVD's. Ask for a current list. We also carry a Camcorder to record our journeys.

### **NEWS:**

Our SSB receives the BBC, Voice of America, and Armed Forces Radio etc.

### **MUSIC:**

You may want to bring your own MP3 player or portable CD player, so you can listen to your particular music favorites in private, but remember to bring extra sets of batteries. We have a CD player, and almost 2,000 songs (100's of hours of music recorded) on our MP3 system. We also have a stereo in the saloon, which if everyone likes the same music we listen too. Note: Music can only be listened softly when on watch; otherwise it interferes with listening to the radio, fog horns and alarms when on watch. Not to mention people sleeping.

### **Games:**

We have computerized chess, checkers and magnetic cards on board.

### **Exercise:**

Standing on a moving vessel is a lot of exercise. In harbor or at anchor we can go snorkeling, swimming, and hiking.

### **Computers:**

Of course we have multiple computers on board to learn or play with. We also carry a digital camera, which you can use to send pictures to friends (from port).

### **Astronomy:**

Star gazing from the center of the ocean with no lights is incredible. We have star charts and will help people learn the constellations.

### **Snorkel gear:**

We have 2 sets of mask, fins, and snorkels. You may want to bring your own.

## **12. Comforts.**

### **Food:**

The Kitchen is fully equipped with a stove, oven, microwave, refrigerator, freezer, trash compactor etc. Teri's cooking is always spectacular!

### **Beverages:**

Since we are limited to the amount of liquor countries allow us to import, we carry limited amounts of liquor.

### **Privacy:**

You have your own bath and shower. You have your own room with a double bed and a desk, complete with computer.

### **Space:**

While by boating standards "Strickly for Fun" is on the larger size, all of the rooms are small in comparison to your home.

There are five main areas inside.

Pilot house – where we drive the boat. This has a table, and a small bed.

Galley – kitchen – with breakfast bar. Open to family room (saloon).

Saloon – main living and dining room, it has two couches (settees).

Guest Stateroom – your bedroom, this has a desk and computer.

Master Stateroom – our bedroom.

There are three outside areas that may be usable depending on weather.

Cockpit – rear deck. This location has outdoor seating and an overhang.

Upper deck - this area is for sun tanning etc.

The bow. This area is great for standing, walking and sitting when not moving.

You can sit or lay down in the saloon, pilothouse or in your room.

If the weather and seas are good you may also sit or lie down on the deck.

You should always be able to find an area to be alone.

### **Stowage:**

We are not able to store suitcases, please case using regular size duffle bags.

### **Lights:**

We have lights, but keep saloon lights very low to protect the watch stander's night vision.

### **Rolling:**

The vessel has automatic stabilizers (gyro control fins in the water), which help control roll; however the vessel will still move about.

### **13. Seasickness.**

Seasickness can strike anyone, and is not something to be embarrassed about. Because many cases of seasickness are actually food poisoning, we need to be careful in preparing our meals, and washing our dishes.

The motion of your inner ears not matching what your eyes see induces seasickness. Your body may not be accustomed to this, and this is what causes seasickness. You need to build up a tolerance to this motion/vision disconnect. You can work on this by reading a little in the car each day (not the driver) to build up this tolerance.

Seasickness is aggravated by a sensitive stomach, so avoid high concentrations of sodium, fat, acid, protein or calories in the stomach. For the 24 hr period before the trip it is advisable to cut down on foods that cause acid and might upset your stomach. **DO NOT** have a large meal and alcoholic drinks the night before the trip; you will pay for it at sea. Try to get to bed early and be well rested on the day of our departure. Remember, seasickness starts with what you did 24 hrs **BEFORE** departure. So take the appropriate steps early and if you are accustomed to taking medication, start to do so before boating.

Different seasickness medications work for different people. You should try various medicines at home to see which cause side effects. Try both the patch and Dramine II. We carry wristbands, prescription medications. If you do not have experience with motion sickness, buy chewable Dramine. Seasickness medicines work best if absorbed in the month. When you are seasick your pyloric valve prevents the drug from entering the small intestines where the drug is normally absorbed!

Learn to detect the body's natural early warning signals. These may be yawning, tiredness, clamminess, sweating, headache - all signs that will precede any feelings of nausea. So at the onset of these symptoms head for fresh air and watch the horizon. This allows the eyes to match the motion felt by the ears.

If you think you are getting seasick immediately tell Scott or Teri. Driving the vessel helps with seasickness, both because of watching the horizon and the activity. Either stand looking at the horizon, or lay down with your eyes shut, do not sit!

You should vomit into a bucket or wastebasket, not over the side and not into the heads or sinks below - this will only make you feel worse and the smell may induce others to be sick as well. You will soon get your sea legs, however, and promise you that this period of discomfort does and will pass.

Once the fresh air has had a chance to work, you will want to fill your stomach with some crackers and Coke - it is **IMPERATIVE YOU DRINK FLUIDS**. The most serious effect of seasickness is dehydration, which can cause further complications, turning a natural short-lived period of discomfort into a medical emergency. Do not take any further medication once having been seasick and keep up a flow of liquids, either bottled water or Coke. Find a quiet spot topside or below in your berth, curl up and get some sleep.

## 14. What to Bring.

Bring any medication you normally take, with prescriptions and Doctor's instructions - especially any allergy medication. No drug stores at sea.

### Legal Requirements

Passport, And Driver's License As A Second Identification.

Visa if needed.

Passport Pictures (if Visa's are needed while traveling).

### **PHOTOCOPY OF YOUR PASSPORTS.**

Return Airplane Ticket if not going back with us.

Current inoculations, including tetnus,

If traveling in the third world, you need WHO Yellow Card.

Inoculation record.

Prescriptions for legal drugs.

A list of credit card numbers and phone numbers to call if your card is stolen.

You must have a ticket to fly home at the end of the passage or in case you have to leave earlier. This must be shown to the Captain before departure, who has to certify this to the local officials.

Dress code is very informal. The trip will be in warm weather, and while a rain jacket might be useful, complete foul weather gear is not appropriate.

### **No Illegal Drugs.**

IF THEY FIND DRUGS ON A VESSEL –THEY KEEP IT and you just bought the boat!  
Get busted over there and you are in for a lifetime of hurt. Remember Midnight Express and Broke Down Palace-it ain't just a movie!

### **VESSEL ALREADY HAS:**

- Hair dryer
- Towels

### **Special Notes:**

Let us know beforehand what you want to eat, drink and snack on.

Please do not give us "house warming gifts" for the vessel. There is no space on board.

**If you are meeting us in a foreign location you WILL be asked to carry repair parts, batteries, medicines etc for us.**

**Eat a light, non-greasy, meal the night before, and limit alcohol consumption.**

If going to a third world country.

Get shots appropriate for the respective countries.

Bring enough Pepto Bismol.

You need to take 4 tablespoons a day per person for the whole trip.

**Please do not bring anything in cardboard boxes. Cardboard attracts cockroaches!**

**Please do not use any perfumes or cologne!**

## 15. Clothing and Personal Gear Checklist.

### IMPORTANT

Use only SOFT Luggage (luggage that folds up) there is no place to store hard luggage.

Examples are duffel bags, backpacks without frames.

Please pack efficiently; there is limited storage space. (2 duffel bags per couple)

In addition we will ask you to bring a bunch of spares for us.

You will not need much in clothes.

All clothes must be washable, no dry-cleaning.

### SHOES (PLEASE HAVE TWO PAIRS OF BOAT SHOES)

- Inside boat - new or very clean boat/deck shoes-rubber soled, slippers etc.
- Deck/cleaning/dinghy shoes – like Tevas or aqua socks they WILL get wet.
- Comfortable walking shoes (for several miles) for shore--might get sandy or dirty.

### CLOTHING ideas

- Polo shirts and/or T-shirts.
- Sweater /sweatshirt (not wool which stinks when it gets wet!).
- 1 long sleeve shirt.
- 2 long pants (no more than one pair of jeans - they hold water!).  
Lightweight military style pants are good, or pants that convert into shorts.
- Shorts.
- Sun dresses.
- Underwear and socks.

### MISC

- Shaving gear/toiletries, feminine products.
- Sun block, Chap Stick and sun burn treatment.
- Spare eye glasses/NECK STRAP. (Especially if you have contacts, bring glasses).
- Sunglasses-Please have at least one pair of **polarized** glasses. This is a big help.
- If you want to go outside while underway a Cap or Hat (with a strap).
- Books, DVD's; however we have over 100 good books, and 100 DVD's
- Personal favorite remedies for indigestion, colds, headaches, seasickness.
- Make sure credit cards do not expire while out of the country.
- List of credit card numbers and the number to call if your card is lost or stolen.

### WATER

- Bathing Suits (2)-we already have towels for your use.
- To walk around Coral - Aqua socks/reef runners.
- If you want to go snorkeling -- Snorkeling gear & mesh bag to carry it.

## **16. Rules.**

### **SAFETY:**

For safety sake please report anything unusual to Scott or Teri at any time.  
Always hold on to something when standing or moving on a boat.  
Everything on a boat is different from home please ask how to use it first.  
Any time you are tired or sick please tell the Scott or Teri-we can help with sea-sickness.  
Because everyone is standing watch please limit alcohol to one drink a day.  
No smoking, no candles, no open flames.  
No going on deck without telling the Watch Stander and having someone watch you.  
To prevent water entering the boat, all windows and ports closed when passage making.  
When done with something put it back. Lose items fly in heavy seas.  
To protect everyone's night vision use lights sparingly - only red lights in pilot house.  
To help watch stander-leave pilothouse gear i.e. binoculars in the pilothouse at all times.

### **GALLEY (kitchen):**

Refrigerator & Freezer usage

You have to release the lock to open to door.  
Open slowly to check if anything has moved and will fall and dent the floor.  
Place items so they will not fall when the vessel moves.  
Always relock the door when done.

The stove gas switch must be turned on, before the burner is opened and lit.  
Turn off gas supply and wait till the flames self extinguish - THEN turn off the burner.  
To prevent breakage all dishes are washed and put away right after every meal.  
All waste to be disposed of per Waste Management Plan (Federally required document).

### **HEAD (bathroom):**

Don't put anything in the heads unless you have eaten it first (except toilet paper).  
We have bags for feminine products.  
For safety (especially for men) and cleaning reasons everyone uses toilet sitting down.  
If the toilet cover is left up it will fall possibly breaking the toilet, so leave it down.  
Since we need to provide hot water and manage the gray water tank for waste  
Please check with Scott or Teri before showering.  
Please limit showers to about 5 minutes. This is pretty long.

### **MISC:**

We have a washer / dryer but it needs a lot of water and power so please discuss  
with Scott or Teri.  
Dockside shoes pick up tar and grit and can damage the fiberglass on the boat.  
Therefore shore shoes are left by the door.

### **PERSONAL:**

We all need to get along well in a small space.  
No loud music, please use your headsets.  
To prevent injuries and broken gear, please replace all items when not in use, including  
personal gear like sun glasses, camera's, books, magazines and CELL PHONES.  
Because people are standing watch at night please let them sleep during the day.

## **17. Conclusion.**

This trip is not for everyone.

The trip is not a common activity. No one else you know will ever do this. This trip is designed to be an adventure of a lifetime. It will not be perfect! If you don't want new experiences, take a plane.

Since you will be involved with actually operating the vessel you will need to do your share of the work. If you are not willing to help, please stay home.

This trip is for people who want to grow. You must be willing to learn new skills. We do not expect people to know these skills before they come on the boat. Part of the fun is teaching and learning new skills.

Due to weather our times have to be somewhat flexible. If we plan on a two-week trip, plan for a couple of extra days. If you want to follow a rigid time schedule, take a tour.

For everyone to have fun we all need to get along. If just one person is cranky the trip will be miserable for everyone! We have a gang plank are we are willing to use it!

In short: this trip is not for the boring, lazy, stupid, inflexible or grumpy people!